EVERY EXAM PREP · CHEAT SHEET

Ohio STNA Cheat Sheet 2026

The night-before summary, built like the exam.

— Questions	**1h 30m** Time limit	**70%** Passing score
$0 Exam fee	**Ohio Department of Heal…** Governing body	

Figures come from the Ohio Candidate Handbook, Version 28.0, Ohio rules, and the federal and MedlinePlus texts quoted for the practice bank, read in November 2026. It is a revision aid, not material from the state or the test vendor.

The test in six lines

- Knowledge exam: 79 questions through November 30, 2026; 100 from December 1, 2026. Ninety minutes either way.
- Knowledge pass mark: 70% or better.
- Skills test: three or four tasks in no more than 35 minutes; every critical step and 80% of the other steps.
- Fees: $30 knowledge, $90 skills, $40 audio knowledge.
- Three attempts at each part within two years of finishing training.
- Stay listed: paid nursing work of at least 8 hours in 48 within each 24 months.

Questions by area, through November 30 then from December 1

- Basic Nursing Skills 9, then 12
- Care Impaired 6, then 8
- Communication 6, then 8
- Data Collection 5, then 6
- Disease Process 5, then 6
- Infection Control 7, then 9
- Mental Health 7, then 9
- Older Growth and Development 5, then 6
- Personal Care 9, then 11
- Resident Rights 5, then 6
- Role and Responsibility 7, then 9
- Safety 8, then 10

Numbers to memorize

- Resting pulse for a healthy adult: 60 to 100 beats a minute; count 60 seconds, or 30 seconds and double.
- Fever: over 100.4 degrees Fahrenheit.
- Blood pressure cuff: lower edge 1 inch above the elbow skin fold.
- Handwashing: lather at least 20 seconds.
- Oxygen kept 6 feet from heaters, candles and fireplaces; no smoking.
- Water heater no higher than 120 degrees Fahrenheit.
- Choking adult: cycles of 5 back blows and 5 abdominal thrusts.
- Bedbound resident: change position every one to two hours.
- Feeding in bed: at least 45 degrees upright.

Source: Ohio Department of Health (ODH), tests administered by D&S Diversified Technologies · Last verified November 22, 2026

- Abuse allegation: report within 2 hours; others within 24 hours; investigation results within 5 working days.

Rules that are easy to miss

- Gloves come off before the gown.
- Wash the face without soap; never push back cuticles with an orange stick.
- Remove a gown from the unaffected side first; dress the affected side first.
- Do not shake soiled linen; lock wheelchair brakes before the resident moves.
- A DNR order covers CPR only, not pain medicine or nutrition.
- Sundowning is more confusion toward evening in dementia.
- Only registry-listed aides may use the title CNA.

Official sources

- D&S Diversified Technologies (Headmaster) — Ohio Certified Nurse Aide Candidate Handbook, Version 28.0 (effective December 2026), D&S Diversified Technologies: https://hdmaster.com/assets/oh-cna-candidate-handbook-12.2026.pdf
- eCFR (US Government) — 42 CFR 483.152 — Requirements for approval of a nurse aide training and competency evaluation program.: https://www.ecfr.gov/current/title-42/section-483.152
- NLM MedlinePlus (US National Library of Medicine) — MedlinePlus: Dementia - daily care: https://medlineplus.gov/ency/patientinstructions/000030.htm

Free practice questions for this exam: www.everyexamprep.com/exams/oh-stna/practice-test