EVERY EXAM PREP · CHEAT SHEET

RMA (AMT) Cheat Sheet 2026

The night-before summary, built like the exam.

210 Questions	**2h** Time limit	**Scaled score of 70** Passing score
$150 Exam fee	**American Medical Techn…** Governing body	

Figures come from AMT's documents and the federal texts quoted for the practice bank, read in November 2026. It is a revision aid, not AMT material.

The exam in six lines

- 210 questions in AMT's outline; 2.0 hours.
- Four-option multiple choice; scaled score of 70 passes.
- General 65 (31.0%), Administrative 30 (14.0%), Clinical 115 (55%).
- Fee $150; retake after 45 days; four attempts at most.
- Pass rate 71% in 2025.
- Recertify every three years.

Numbers to memorize

- Adult resting BP 90/60 to 120/80; breathing 12 to 18; fever above 100.4 F.
- Pulse: count 30 seconds, double.
- BMI formula: pounds x 703, divided by inches twice; 40 or more is class 3.
- Apgar at 1 and 5 minutes; heart rate under 100 scores 1.
- Snellen at 20 feet; near card at 14 inches.
- Fasting glucose: at least 8 hours.
- Handwash at least 20 seconds.
- Hepatitis B vaccine within 10 working days of assignment.
- Training records 3 years; medical records employment plus 30 years.
- Schedule II: no refills. Schedule III and IV: five refills, six months.
- Controlled substance records: two years.
- IM at 90 degrees; subcutaneous at 45 degrees.
- Crutch top 1 to 1 1/2 inches under the armpit; tips 3 inches from the feet.
- Adult CPR: 30 compressions, 2 inches deep; infant 100 to 120 a minute.

HIPAA clock

- Records access: 30 days. Amendment: 60 days.
- Breach notice: 60 calendar days after discovery.
- Documentation: six years. Disclosure accounting: six years.

Coding

- HCPCS Level I is CPT (AMA). Level II is a letter plus four digits.
- ICD-10 covers diagnoses and inpatient procedures.

Source: American Medical Technologists (AMT) · Last verified November 22, 2026

Official sources

- American Medical Technologists (AMT) — AMT Candidate Handbook: https://americanmedtech.org/Portals/0/PDF/ResourceCenter/ApplicationProcess/AMTCandidateHandbook.pdf
- eCFR (US Government) — 45 CFR Part 164 — HIPAA Security and Privacy: https://www.ecfr.gov/current/title-45/subtitle-A/subchapter-C/part-164
- eCFR (US Government) — 29 CFR 1910.1030 — Bloodborne pathogens: https://www.ecfr.gov/current/title-29/section-1910.1030

Free practice questions for this exam: www.everyexamprep.com/exams/amt-rma/practice-test